



## Preschool Covid-19 Rules

### Key Terms

**Isolation** – separates people with an infectious disease, like Covid-19, from people who are sick.

**Quarantine** – separates people who were exposed to an infectious disease to see if they may become sick.

**Cases**- Include anyone who has tested positive with molecular or antigen diagnostic test, whether or not they have any symptoms. Cases also include close contacts who develop symptoms consistent with Covid-19, but may not have been tested.

**Close contact**- is generally defined as being within 6 feet or at least 15 minutes and includes household contacts, intimate partners, and in-home caregivers, starting 2 days before symptoms appeared or specimen collection date (whichever was earlier). Distance could be longer and time shorter, depending on the exposure level and setting.

**Cases** (includes symptomatic Close Contacts)

- ✓ Must be isolated for at least 10 days after symptoms first appeared and
- ✓ At least 24 hours have passed since last fever (without the use of fever reducing medications and
- ✓ Symptoms have improved.

Symptoms may include any of the following: cough, shortness of breath, difficulty breathing, new taste disorder, fever, chills, headache, sore throat, nausea/vomiting, diarrhea, fatigue, or congestion/runny nose.

Cases who never developed symptoms may discontinue isolation in 10 days after collection date of their positive PCR specimen.

**Close Contacts (without symptoms)**

Must quarantine for 10 days after the last/most recent contact with the case when the case was infectious. A negative test result cannot short the 10 quarantine period.